

For my GCSE last piece photo, ask me any questions! Anyway this is a story about me. I had an idea to do my last piece on Autism And Anxiety, so I did a self portrait of me to show what it was like about one and a half a years ago. I didn't want to know anyone or do anything, I just was mad all the time, I was in the dark all the time and my anxiety was very bad at the time. I did not go out much, I sat in my room and did nothing. Sometimes I did not want to be here in case I thought I'm dumb and no one liked me in case of my autism. I was in the dark for about 4 years, I would hate going to school and everything. I never thought I would do something like this in Year 10 at the time. I started photography and that was where I could show my emotions in my work and not talk about them. But right now I'm in

the middle of the light and darkness. It is trying to pull me in but all I see is the dark sometimes or the light. I'm in the middle the dark which keeps coming back but the light keeps trying to help, but I don't know I'm in the middle like most of us in life this piece is about me letting go, so all the people who have given up on me and made me feel sad and depressed about myself, and all you people who have hurt me, at the end of the day, I know I'm better than them. Because I don't give up on people if they need help or something. Thanks to all the people who have helped me do this and much more. If you want to know anymore ask me!